

Enjoy your visit, stay on the tracks and toilet whenua (leave the land undisturbed).

Self-guided Activity Trail

Nikau

Te Tui a Tāne



sanctuarymountain.co.nz

Ingoa/ Name:

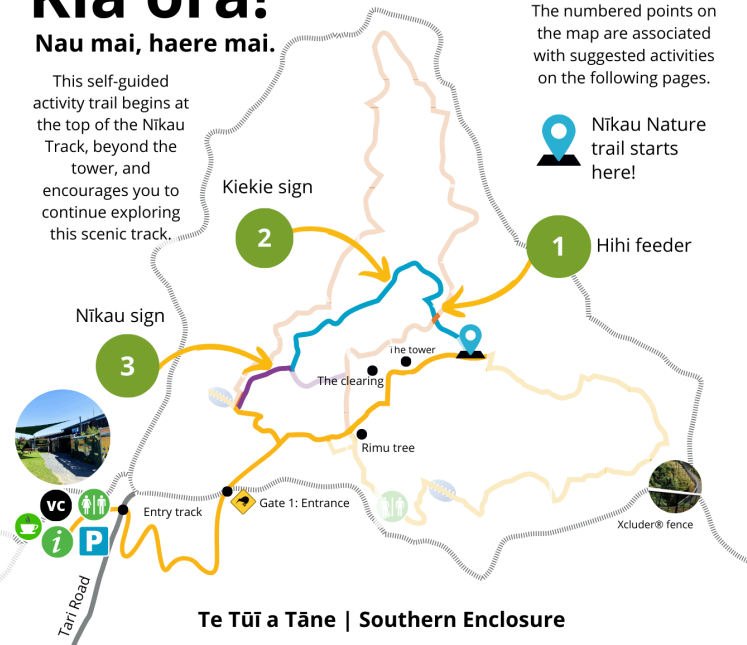
Kia ora! Nau mai, haere mai.

This self-guided activity trail begins at the top of the Nikau Track, beyond the tower, and encourages you to continue exploring this scenic track.

The numbered points on the map are associated with suggested activities on the following pages.



Nikau Nature trail starts here!



Te Tūi a Tāne | Southern Enclosure

Key

- Rāta Track 2.2km, 1.5h
- Entrance to clearing 800m, 30 min
- Rimu Track 2km, 1h
- Nikau Track 700m, 20 min
- Ponga Track 130m, 5 min



Biosecurity Check!

Help us to keep Sanctuary Mountain pest-free by checking your gear before you visit for any soil, seeds or unwanted stowaway pests.

- Check** - your gear for pests.
- Clean** - your footwear removing soil & seeds.
- Close** - zip your bag closed & put food in sealed containers to avoid attracting pests.

BINGO!

Look for the items below and tick them off while you're on your hīkoi. Who is the first in your whānau to complete a line? Who can complete them all?

Hei mahi Activity



Track sign



Nikau palm



Nikau seedling



Plant sign



Bench seat



Bellbird (Korimako)



Stitchbird (Hihi)



Sugar water feeder



Silver fern



NI Robin (Pitoitoi)



Whitehead (Pōpokotea)



Kawakawa



Koru



Rewarewa



Rangiora



Spider's web

shining spleenwort	hen and spleenwort	sickle spleenwort	fragrant fern
huru hūru whenua	manamana	petako	mokimoki
thread fern	panako	manamana	petako
shining spleenwort	hen and spleenwort	sickle spleenwort	fragrant fern
shining spleenwort	hen and spleenwort	sickle spleenwort	fragrant fern
shining spleenwort	hen and spleenwort	sickle spleenwort	fragrant fern
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Answers - Ferns

I mohio
rānei koe?
Did you
know?

Time to practise all those observation skills you've been learning. Use this space to sketch your favourite moss, lichen, fern, plant, vine or tree that you've seen today (you can be brave and draw a bird but they're not as good at staying still as the plants).

1

Spot the difference!

The bench seat opposite the sugar water feeder is a great place to sit and watch for birds as they visit the feeding station. Volunteers have made the bottle of sugar water for Hihi (Stitchbirds). Sometimes Korimako (Bellbirds) also visit these feeding stations. Use this information to help you spot the difference! And if no birds arrive there are always the trees! (see next page)



Stitchbird | Hihi *Notiomystis cincta*

Endemic
Nationally vulnerable
Length: 18cm
Weight: 36g (male), 30g (female)

Medium-sized songbird.

Slender curved black bill.

Male has a black head and white ear tufts.

Tail often sits up like a fantail.

Fly quickly through the mid-canopy.

Bold white wing bar.

Call has two high pitched notes.

Females are greyish-brown and have a distinctive white wing bar.

Bellbird | Korimako *Anthornis melanura*

Endemic
Not threatened
Length: 20cm
Weight: 34g (male), 26g (female)

Sound a bit like a tūi but without the grunts.

Short curved black bill.

Brush-like tongue to drink nectar.

Medium-sized olive green honeyeater.

Red eyes.

Noisy whirring sound when flying.

Forked tail.

Females are browner with a narrow white/yellow stripe from the base of the bill across the cheek.

Male has a purple tinted head.

He hihi tērā, he korimako rānei?
(Is that a stitchbird or a bellbird?)

2

Fabulous Ferns

The unsung heroes of the forest! If you look closely you'll see there are many different types of fern, all with slight differences.

Hei mahi Activity



huluhuru whenua



pānako



manamana

kiekie

Can you find all these ferns around the kiekie sign and then try to match the images and Māori names to the common names?

CLUES!

Fragrant is another word for smelly.
A sickle is a tool with sharp edges.

fragrant fern

hen and chicken fern

thread fern

shining spleenwort

sickle spleenwort



mokimoki



petako

Answers and bonus facts on the back page...

1

Tree detective

Scientists look closely at parts of trees including the leaves, flowers, fruit and bark to identify them. Here we'll be looking at the leaves of some trees on the Nīkau Track to try and identify them.



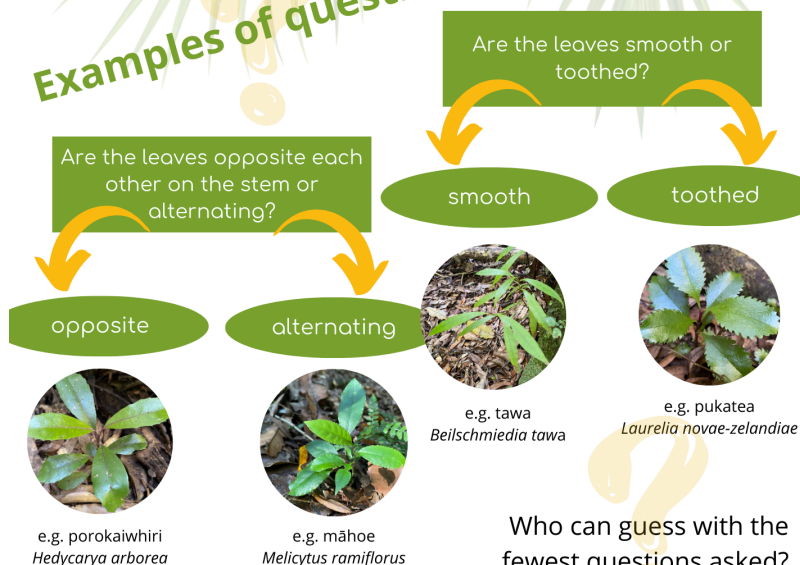
Rewarea
Knightia excelsa



Nīkau
Rhopalostylis sapida

Pick a tree nearby but keep it secret! Can your whānau guess which one you're thinking of by asking questions to help narrow it down. You don't even have to know the name of the tree, but we've included some examples here if you want to use them.

Examples of questions...



Who can guess with the fewest questions asked?

3

nīkau

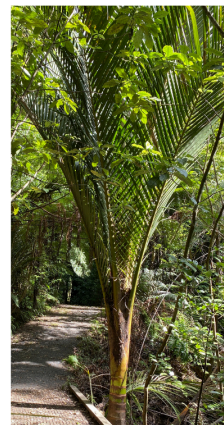
Nīkau Palm

The nīkau is known to be the world's southernmost native palm tree. It is New Zealand's only native palm.

I mōhio rānei koe?
Did you know?

Mātakitaki
Observe

Use the information on the nīkau sign and your own observations to write an acrostic poem about nīkau. This could include all parts of its life-cycle, from a seedling, to a young tree to a giant tree, to a fallen frond on the ground.



Hei mahi
Activity

N
I
K
A
U